



# MONTE MEMO

September 1st, 2023-September 30th, 2023

Pamela Picchiottino, Principal

Michael Benecchi, Assistant Principal

## Important Dates

### September 4th

Labor Day- No School

### September 6th

Early out

### September 8th

Patriot day at Friday Flag

### September 11th

PTA GA meeting 3:00pm

### Sep 12-Sep 14

Picture Day

*See flyer for schedule*

### September 13th

Early out

### September 20th

Early out

Reflections Night 5:00pm

### September 22nd

Movie Night

### September 27th

Early out

## Upcoming Events

### October 16th-20th

Parent Teacher Conferences

Red Ribbon Week

Monte Fest

## MONTE VISTA PTA

Monte Vista PTA is excited to launch our new one stop shop for all things PTA. As you navigate the site, you'll be asked to register your students and family in order to stay up to date and in the know about all the exciting things PTA has to offer this year. You'll have a chance to purchase a PTA membership and school spirit wear. As the school year progresses, more things will become available for purchase like Monte Fest wristbands/tickets and Yearbooks. You will also be able to RSVP for special events like Hot Cocoa with Santa and STEM night. For parents and families looking to get more involved, you can see available volunteer opportunities and add your name to our volunteer contact list. Not sure what PTA has planned next? Check back often to see our upcoming events and activities.

[Click here for PTA info.](#)



**NO SCHOOL - MONDAY  
SEPTEMBER 4TH**

## SAFETY FIRST

We hope that we can all show kindness and patience with one another as we come to drop off or pick up our students in vehicles. We have over 800 families all coming to our neighborhood at the same time to get students. Our goal is to keep everyone safe and keep traffic flowing. We would love your partnership to make this possible. Thank you!

- Please use the crosswalks
- Do not leave your car unattended in the carloop
- Do not park on a red curb
- Please pay attention to the crossing guards



**MOVIE NIGHT  
SEP 22ND**

## Important Links

[SCHOOL WEBSITE](#)

[MENUS](#)

[BAND](#)

[PTA](#)

[COUNSELOR'S CORNER](#)



**I am Hopeful Because...**

Explore the arts and express yourself!

2023-2024  
**CALL FOR ENTRIES!**



Learn more and get involved!  
[PTA.org/Reflections](https://PTA.org/Reflections)

Deadline for Entries:	For Details:
10.11.23	<a href="mailto:mvesptamedia@gmail.com">mvesptamedia@gmail.com</a>

## REFLECTIONS

The Reflections program provides opportunities for recognition and access to the arts which boost student confidence and success in the arts and in life.

Each year, students in Pre-K through Grade 12 create original works of art in response to a student-selected theme. This 50+ year-old program helps them explore their own thoughts, feelings and ideas, develop artistic literacy, increase confidence and find a love for learning that will help them become more successful in school and in life.

JOIN US FOR MORE INFORMATION at our Reflections Night on:

**WEDNESDAY**  
**September 20th**  
**at 5:00pm**  
**In the MPR**



### **GREEN** Out for Muscular Dystrophy Awareness Month

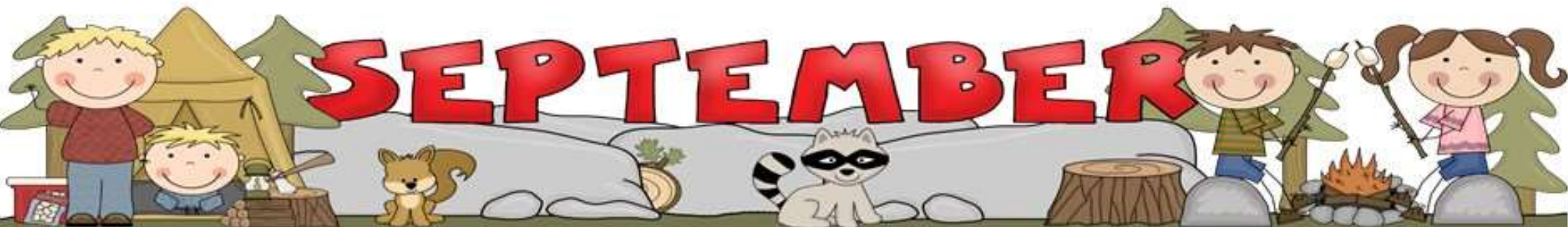
Monte Vista students and staff will wear **GREEN** on Thursday, September 7<sup>th</sup> in support of Duchene Awareness Day and our Duchene Muscular Dystrophy (DMD) Warrior, Jordan Samia! September is also Muscular Dystrophy Awareness Month. DMD causes the muscles in the body to become very weak. Children with DMD lose the freedom to walk, run, play, dance, to hug, to eat – even to breathe. Thanks in advance to students and staff for showing support and wearing **GREEN!**








### Health Office Reminders ☺

- Make sure your child wears tennis/comfortable shoes on the day they have PE. We want all students to be able to participate safely!
- We know accidents happen! The health office does have some clothing options for students who need to change their clothes due to accidents. Parents can also keep a change of clothes in their child's backpack.


# SEPTEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Friday flag Chess Masters	2
3	4  Labor Day No School	5 Tk-2 <sup>nd</sup> soccer 7:15 Meet & eat in the MPR	6 <b>Early out</b>	7 <b>Wear Green</b>	8 Patriot Day @ Friday Flag wear red/ white/blue Rita's ice Chess Master	9
10	11 Pta GA meeting 7:15 Meet & eat in the MPR	12  Picture day PS/TK/KINDER/5TH Pta GA meeting Tk-2 <sup>nd</sup> Soccer	13 <b>Early out</b>  PICTURE DAY 1 <sup>ST</sup> AND 3 <sup>RD</sup> GRADE	14  PICTURE DAY 2 <sup>ND</sup> AND 4 <sup>TH</sup> GRADE 3 <sup>rd</sup> -5 <sup>th</sup> grade soccer	15 Friday Flag Rita's ice Chess Master	16
17	18 7:15 Meet & eat in the MPR	19 Tk-2 <sup>nd</sup> Basketball	20 <b>Early out</b> 5pm Reflections information night	21 3 <sup>rd</sup> -5 <sup>th</sup> grade Basketball	22  Friday Flag Rita's ice Chess Master Movie Night	23
24	25 7:15 Meet & eat in the MPR	26 Tk-2 <sup>nd</sup> Basketball	27 <b>Early out</b>	28 3 <sup>rd</sup> -5 <sup>th</sup> grade Basketball	29 Friday Flag Rita's ice	30



# September Breakfast Menu ~ TK - 5th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast Combos are free of charge</b> (1 breakfast per student per day) for the 2023-2024 School Year <i>Second Breakfast \$1.75</i>				
4 	5 Strawberry Cream Cheese Boli	6 French Toast Sticks	7 Bagel & Cream Cheese	8 Biscuit & Chicken Sausage Patty
11 Cinnamon Apple Muffin Top	12 Cinnamon Roll	13 Breakfast Sausage Pizza	14 Mini Maple Pancakes	15 Breakfast Big Bite w/ Egg, Sausage & Cheese
18 Chocolate Muffin	19 Strawberry Cream Cheese Boli	20 French Toast Sticks	21 Bagel & Cream Cheese	22 Biscuit & Chicken Sausage Patty
25 Cinnamon Apple Muffin Top	26 Cinnamon Roll	27 Breakfast Sausage Pizza	28 Mini Maple Pancakes	29 Breakfast Big Bite w/ Egg, Sausage & Cheese

**Harvest of the Month**  
 Network for a Healthy California

The Harvest of the Month featured Vegetable is...

**Celery Sticks!!!**



Why Eat Celery?

- Reduces Inflammation
- Promotes Weight Loss
- Improves Digestion
- Soothes the Nervous System
- Supports the proper Functioning of the Thyroid

**Breakfast Includes**  
 -Assorted Fresh Fruit  
 -Assorted Fruit Juice  
 -1% White Milk or Non-Fat Chocolate Milk  
Daily Alternate Entree  
 -Choice of Cereal w/ Yogurt  
 -Cereal Bar



**Friendly Reminder®**

Meal Applications from 2022- 2023 school year expires Sept. 21st.  
 Fill out your  
**NEW 2023- 2024 meal application**  
[www.MurrietaSchoolNutrition.com](http://www.MurrietaSchoolNutrition.com)

It's **More than a Free Meal!**

School meal applications can provide funding for your school and reduce costs for your family.




**Apply today!**



This institution is an equal opportunity provider. Menu Subject to change without notice. [www.MurrietaSchoolNutrition.com](http://www.MurrietaSchoolNutrition.com)

# September Lunch Menu ~ TK - 5th



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
✓ = Vegetarian Option  = Pork Free Menu	<b>Lunch Combos are free of charge</b> (1 lunch per student per day) <i>Second Lunch \$2.75</i>			1 Galaxy Cheesy Pizza
4 	5 Corn Dog	6 Chicken Nuggets & Crackers	7 Meatballs w/Marinara & Texas Toast	8 Steak Burger
11 Bean & Cheese Burrito ✓	12 Cheesy Garlic Toast ✓	13 Chicken Drumstick w/Texas Toast	14 Teriyaki Chicken Bowl	15 Pepperoni Calzone
18 Cheesy Bread Bites w/Marinara ✓	19 Cheeseburger Sliders	20 Chicken Nuggets & Crackers	21 Rotini w/ meat sauce & Texas Toast	22 Chicken Burger
25 Mac & Cheese ✓	26 Chicken Tacos	27 French Toast Sticks w/Sausage Patty <b>Brunch for Lunch</b>	28 Orange Chicken w/ brown rice	29 Galaxy Cheesy Pizza

This institution is an equal opportunity provider.  
 Menu Subject to change without notice.

## Lunch Includes

Unlimited Daily Salad Bar  
 100% Fruit Juice & Choice of  
 1% White or Non-Fat Chocolate Milk

## Daily Entrée Options:

- Turkey & Cheese Sub Sandwich
- Peanut Butter & Jelly Uncrustable Snack Pack
- Salad Bar Entree -Includes choice of Protein & Grain\*
- \*Hard Boiled Eggs w/Crackers
- \*Hummus Cup w/Pita Chips
- \*String Cheese w/Crackers

**Power Up Your Salad Bar With A Protein.**

## Daily Salad Bar Options

- Apples
  - Oranges
  - Bananas
  - Watermelon
  - Grapes
  - Chilled Pears
  - Peaches
  - Applesauce
  - Strawberries
  - Romaine Lettuce
  - Baby Carrots
  - Corn
  - Kidney Beans
  - Green Beans
  - Cucumbers
- Selections vary seasonally and daily.

Additional entrée options are available for students with dietary restrictions.  
 Please visit [www.MurrietaSchoolNutrition.com](http://www.MurrietaSchoolNutrition.com) for further information on requesting a meal accommodation.



Picture day is coming soon. No forms are needed. A couple of weeks after pictures are taken proofs will be available on line. Just scan the flyer below.

# SCHOOL PORTRAITS



**PREMIER  
STUDIOS**

by LAUREN STUDIOS

**(866) 696-8142**



## **MONTE VISTA ELEMENTARY**

PICTURE DAY

**TUESDAY, SEPTEMBER 12TH**

PRE SCHOOL/ TK/ KINDER/ 5TH GRADE

**WEDNESDAY, SEPTEMBER 13TH**

1ST AND 3RD GRADE

**THURSDAY, SEPTEMBER 14TH**

2ND AND 4TH GRADE

**Order today at [PremierSchoolPortraits.com](http://PremierSchoolPortraits.com)**

# SEPTEMBER

*National Attendance Awareness Month*

## Important Attendance Reminders

Meet & Eat Program is available to ALL student daily at 7:15am.

School Starts promptly at 8:30am.

Students who are late must report to office first before going to class.

Students' absences must be excused daily at (951) 894-5085 ext. 2944

## ATTEND TODAY, ACHIEVE TOMORROW

### GOOD SCHOOL ATTENDANCE MEANS...



#### ELEMENTARY STUDENTS

read well by the end of third grade



#### MIDDLE SCHOOLERS

pass important courses



#### HIGH SCHOOLERS

stay on track for graduation



#### COLLEGE STUDENTS

earn their degrees



#### WORKERS

succeed in their jobs

Attending school regularly helps children feel better about school and themselves. Start building this habit in early so they learn right away that going to school on time, every day is important. Eventually good attendance will be a skill that will help them succeed in middle school, high school and college.

During the month of September at Friday Flag, we will continue celebrating our families and students' efforts to be HEROs -  
HERE, EVERYDAY, READY, & ON TIME!

# September

## COUNSELING CORNER

MONTE VISTA ELEMENTARY SCHOOL

MRS. GREEN, SCHOOL COUNSELOR

TLGREEN@MURRIETA.K12.CA.US

(951) 894-5085 EXT. 2966



### SUPPORT LINKS



[OPERATION  
SCHOOL BELL](#)

[COMMUNITY  
RESOURCES](#)

[COUNSELOR  
CHECK IN FORM](#)

[MORE THAN A MEAL](#)

### HISPANIC HERITAGE MONTH

We celebrate Hispanic Heritage Month to recognize the achievements and contributions of Hispanic-American champions who have inspired others to achieve success.  
September 15 - October 15

### PATRIOT DAY

Patriot Day occurs on September 11th in remembrance and honor of those who died September 11th, 2001. Our school will observe this day on September 8th. We will wear red, white, & blue!



### WHY SEL?

Social Emotional Learning (SEL) often lead to more positive and inclusive school cultures. When students and educators alike are focused on building strong relationships and fostering a sense of belonging, it can create an environment conducive to learning and personal growth.

**second  
step®**